

WADAC Senior men club records					
Event	Club Ranking	Name	Performance	Location	Date
110MH (1.07m)	Club record	Dean Showler-Davis	14.98	Birmingham	1st June 2008
	2nd best club performance	Jack Messenger (When U20)	15.90	Woking	20th August 2016
	3rd best club performance	Jack Bolton (When U20)	16.70	Walton	2nd June 2007
400MH (91cm)	Club record	Jack Messenger	54.01	Watford	7th May 2016
	2nd best club performance	James Jackson (When U20)	54.53	Portsmouth	13th May 2017
	3rd best club performance	Dean Showler-Davis	55.82	Bedford	6th September 2008
100m	Club record	Ben Ellis	10.59	Ashford	18th June 2005
	2nd best club performance	Kieran Showler-Davis (When U17)	10.60	Woking	7th September 2008
	3rd best club performance	Dean Showler-Davis	10.77	Birmingham	31st May 2008
200m	Club record	Kieran Showler-Davis (When U17)	21.14	Portsmouth	10th May 2008
	2nd best club performance	Ben Ellis	21.19	Crystal Palace	15th June 2008
	3rd best club performance	Marimba Odundo-Mendez (When U20)	21.44	Bedford	26th June 2004
400m	Club record	Louis Sellers	47.39	Portsmouth	11th May 2008
	2nd best club performance	Ben Ellis	48.10	St Peter Port	30th May 2007
	3rd best club performance	Dean Showler-Davis	49.29	Kingston	3rd June 2006
800m	Club record	Stuart McCallum	1.51.88	Gothenberg, Sweden	13th August 2016
	2nd best club performance	Alex Pritchard (When U20)	1.53.70	Watford	24th August 2005
	3rd best club performance	Tom Payn	1.54.02	Eton	5th August 2006
1500m	Club record	Stuart McCallum	3.43.69	Watford	14th June 2017
	2nd best club performance	Tom Anderson	3.48.23	Indianapolis, USA	27th April 2013
	3rd best club performance	John Beattie	3.49.18	Fayetteville, USA	10th April 2010
Mile	Club record	James Heneghan (When U20)	4.22.69	Cardiff	27th June 2018
	2nd best club performance	Robert Leach	4.28.08	Oxford	19th July 2014

	3rd best club performance	George King	4.30.50	Winchester	9th July 2019
3000m	Club record	Stuart McCallum	8.09.32	Watford	27th July 2016
	2nd best club performance	Tom Anderson	8.11.79	Watford	30th May 2012
	3rd best club performance	John Beattie	8.22.38	Street	7th May 2007
5000m	Club record	John Beattie	13.42.03	Walnut, USA	16th April 2010
	2nd best club performance	Chris Powner	14.02.28	Solihull	9th July 2011
	3rd best club performance	Tom Anderson	14.10.57	Watford	11th June 2011
10000m	Club record	John Beattie	28.32.21	Palo Alto, USA	1st May 2010
	2nd best club performance	Tom Anderson	29.14.30	Portland, USA	11th June 2016
	3rd best club performance	Chris Powner	29.33.47	Birmingham	29th July 2011
3000m stpl	Club record	Tom Payn	8.47.36	Manchester	16th July 2006
	2nd best club performance	Mike Noyce	9.22.00	Watford	8th September 2001
	3rd best club performance	Gavin Smith	9.22.55	Twickenham	4th June 2008
5000m walk	Club record	David Mitchell	30.26.10	Horsham	14th December 2019
	2nd best club performance	Derek Smith	36.59.46	Ashford	18th August 2019
	3rd best club performance				
3000m walk	Club record	Ian Leedham	17.40.90	Portsmouth	10th May 2003
	2nd best club performance	David Mitchell	19.13.60	Portsmouth	6th May 2019
	3rd best club performance	Derek Smith	19.39.40	Portsmouth	6th May 2019
4 x 100m	Club record	Dean Showler-Davis, Grant Showler-Davis, Kieran Showler-Davis, Ben Ellis	43.10	Swindon	28th June 2008
	2nd best club performance	Ryan Coles, Jamie Robinson, Jack Messenger, Kanya Mtshweni	44.00	Perivale	15th August 2015
	3rd best club performance	Ryan Coles, Jamie Robinson, William Stirling-Stainsby, Ian Debnam	44.20	Winchester	2nd August 2014
4 x 400m	Club record	Dean Showler-Davis, Grant Showler-Davis, Kieran Showler-Davis, Ben Ellis	3.22.60	Swindon	28th June 2008
	2nd best club performance	Ryan Coles, Jamie Robinson, Jack Messenger, Ben Healey	3.31.80	Perivale	15th August 2015
	3rd best club performance	Ryan Coles, Jamie Robinson, William Stirling-Stainsby, Ian Debnam	3.33.90	Winchester	2nd August 2014
	Club record	Sam Adams (When U20)	7.38m	Bedford	21st June 2014

Long Jump	2nd best club performance	Dean Showler-Davis	7.20m	Stoke	10th June 2006
	3rd best club performance	Harry Crosby (When U17)	6.96m	Chelmsford	29th August 2020
High Jump	Club record	Glen Foster (When U20)	2.03m	Birmingham	8th July 2017
	2nd best club performance	Jack Bolton (When U20)	1.95m	Bournemouth	22nd April 2007
	3rd best club performance	Jack Mitchell (When U17)	1.93m	Sandown	17th April 2011
Triple Jump	Club record	Sam Adams (When U20)	14.01m	Winchester	17th May 2014
	2nd best club performance	Joshua Goble (When U20)	13.99m	Portsmouth	11th June 2016
	3rd best club performance	Jack Messenger (When U20)	12.89m	Perivale	15th August 2015
Pole Vault	Club record	Charlie Maw	4.63m	Portsmouth	2nd June 2018
	2nd best club performance	Dean Showler-Davis	4.10m	Portsmouth	10th May 2008
	3rd best club performance	Grant Showler-Davis	3.90m	Portsmouth	10th May 2008
Shot put (7.26kg)	Club record	Alex Hill-King (When U20)	12.67m	Birmingham	19th July 2014
	2nd best club performance	Grant Showler-Davis	12.35m	Milton Keynes	29th September 2007
	3rd best club performance	Jack Bolton (When U20)	12.22m	Perivale	3rd May 2008
Javelin (800g)	Club record	Dean Showler-Davis	54.56m	Stoke	11th June 2006
	2nd best club performance	Jack Bolton (When U20)	50.28m	Stoke	10th June 2007
	3rd best club performance	Grant Showler-Davis	49.56m	Portsmouth	10th May 2008
Discus (2kg)	Club record	Alex Hill-King (When U20)	40.67m	Winchester	15th June 2013
	2nd best club performance	Andrew Mead-Briggs	39.50m	Winchester	8th June 2016
	3rd best club performance	Grant Showler-Davis	37.12m	Birmingham	1st June 2008
Hammer	Club record	Alex Hill-King	40.48m	Perivale	15th August 2015
	2nd best club performance	Mike Marchant	36.26m	Woking	7th June 2008

(7.26kg)	3rd best club performance	Sam Clifton (When U17)	30.33m	Winchester	14th July 2018
Decathlon (Senior specifications)	Club record	Dean Showler-Davis	7187 points	Stoke	10th June 2007
	2nd best club performance	Grant Showler-Davis	6179 points	Birmingham	1st June 2008
	3rd best club performance	Ben Anderson	3164 points	Basingstoke	27th September 2014