

WADAC Senior women club records					
Event	Club Ranking	Name	Performance	Location	Date
100MH (84cm)	Club record	Anna Newton (When U20)	14.86	Stoke	9th June 2007
	2nd best club performance	Maddie Turner (When U20)	15.30	Southampton	28th July 2019
	3rd best club performance	Sophie Ridley (When U20)	15.40	Winchester	28th May 2017
400MH (76cm)	Club record	Jacqui Parker	57.45	Birmingham	5th August 1988
	2nd best club performance	Maddie Turner (When U20)	1.02.96	Bedford	2nd June 2019
	3rd best club performance	Ellie Livingstone (When U20)	1.04.65	Birmingham	12th July 2019
100m	Club record	Holly Croxford	11.91	Bedford	27th June 2009
	2nd best club performance	Abigail Dennison (When U20)	12.60	Winchester	19th May 2019
	3rd best club performance	Sophie Ridley (When U17)	12.80	Portsmouth	11th April 2015
200m	Club record	Holly Croxford (When U20)	24.04	Bedford	1st June 2008
	2nd best club performance	Abigail Dennison (When U20)	25.60	Winchester	19th May 2019
	3rd best club performance	Anna Newton (When U17)	25.97	Southampton	18th September 2005
400m	Club record	Holly Croxford (When U20)	54.28	Crystal Palace	17th June 2007
	2nd best club performance	Abigail Dennison (When U17)	58.20	Portsmouth	30th April 2017
	3rd best club performance	Ellie Livingstone (When U20)	59.39	Nuneaton	2nd August 2020
	Club record	Sarah Burgin (When U20)	2.10.61	Eltham	19th August 2009

800m	2nd best club performance	Natasha Miles (When U17)	2.14.20	Bromley	17th July 2016
	3rd best club performance	India Lee (When U20)	2.14.38	Watford	10th June 2006
1500m	Club record	Rachel Woodthorpe	4.29.59	Birmingham	25th June 2005
	2nd best club performance	India Lee	4.35.00	Watford	11th August 2010
	3rd best club performance	Hayley Munn (When U17)	4.36.90	Birmingham	5th August 2006
Mile	Club record	India Lee	4.55.06i	Lincoln, USA	25th February 2011
	2nd best club performance	Lily Neate (When U17)	5.07.50	Winchester	9th July 2019
	3rd best club performance	Isabella Beck (When U17)	5.14.30	Winchester	9th July 2019
3000m	Club record	Louise Damen	9.40.28	Street	7th May 2007
	2nd best club performance	India Lee	9.45.67i	Lincoln, USA	26th February 2011
	3rd best club performance	Rachel Woodthorpe	9.46.90	Watford	27th July 2005
5000m	Club record	Louise Damen	16.28.23	Manchester	9th June 2007
	2nd best club performance	India Lee	16.56.38	Palo Alto, USA	6th April 2012
	3rd best club performance	Rachel Woodthorpe	16.56.73	Bedford	29th May 2005
10000m	Club record	Jo Meek	34.54.67	Watford	5th July 2003
	2nd best club performance	Karen Hazlitt	36.02.43	Birmingham	23rd July 2005
	3rd best club performance	Hayley Munn	36.38.59	Tooting Bec	24th August 2013
2000m stpl	Club record	Melanie Wilkins	6.54.31	Solihull	13th May 2017
	2nd best club performance	Louisa Warwick (When U17)	7.42.00	Portsmouth	5th May 2008
	3rd best club performance	Jennifer McLachlan	7.44.10	Winchester	18th May 2013
3000m stpl	Club record	Melanie Wilkins	10.37.50	Birmingham	2nd July 2017
	2nd best club performance				
	3rd best club performance				
5000m walk	Club record	Harriet Hide	28.34.24	Birmingham	11th August 2019
	2nd best club performance	Rebecca Mitchell (When U17)	32.34.80	Horsham	14th December 2019
	3rd best club performance	Carrie Oliver	34.50.02	Birmingham	11th August 2019

3000m walk	Club record	Harriet Hide	15.53.00	Portsmouth	6th May 2019
	2nd best club performance	Natasha Mitchell (When U15)	17.28.70	Horsham	14th December 2019
	3rd best club performance	Carrie Oliver	20.01.10	Portsmouth	6th May 2019
4 x 100m	Club record	Abigail Dennison, Sophie Ridley, Jasmine Meacock, Grace Reid (Ridley U20, all others U17)	51.60	Winchester	21st May 2017
	2nd = best club performance	Eva Napier, Georgia Howard, Hannah Knapton, Abigail Matthews (All U15)	52.50	Winchester	17th June 2012
	2nd = best club performance	Sophie Ridley, India Leon, Isobel Gray, Perdi Kennedy (All U15)	52.50	Winchester	1st June 2013
4 x 400m	Club record	Hannah Knapton, Klara Lyne, Isobel Wallace, Rosie Upton (All U17)	4.15.10	Portsmouth	30th June 2013
	2nd best club performance	Maddie Turner, Sue True, Klara Lyne, Ellie Livingstone	4.15.90	Portsmouth	15th June 2019
	3rd best club performance	Natasha Miles, Sue True, Emily Coulson, Abigail Dennison	4.18.80	Bracknell	22nd May 2016
Long Jump	Club record	Anna Newton (When U17)	5.43m	Portsmouth	1st May 2006
	2nd best club performance	Isobel Gray (When U20)	5.42m	Portsmouth	14th May 2017
	3rd best club performance	Emma Buckett (When U17)	5.32m	Basildon	3rd August 2008
High Jump	Club record	Jessica Gordon (When U20)	1.72m	Portsmouth	8th June 2019
	2nd best club performance	Emma Buckett (When U17)	1.67mi	Birmingham	24th February 2008
	3rd best club performance	Anna Newton (When U20)	1.64mi	Lee Valley	6th January 2008

Triple Jump	Club record	Clementine Turner-Powell (When U17)	11.19m	Southampton	11th June 2005
	2nd best club performance	Fiona Brown (When U20)	10.82m	Portsmouth	25th May 2014
	3rd best club performance	Ellise Mathieson (When U17)	10.69m	Southampton	23rd August 2015
Pole Vault	Club record	Zoe Holley (When U17)	2.75mi	Lee Valley	20th January 2018
	2nd = best club performance	Janet Littlewood	2.00m	Salisbury	7th August 2010
	2nd = best club performance	Fiona Brown (When U20)	2.00m	Oxford	2nd November 2014
Shot put (4kg)	Club record	Fiona Brown (When U20)	12.83m	Cambridge	16th May 2015
	2nd best club performance	Anna Newton (When U20)	10.09mi	Sheffield	12th January 2008
	3rd best club performance	Isobel Gray (When U20)	9.93m	Southampton	1st May 2016
Javelin (600g)	Club record	Maria Cooper (When U17)	41.98m	Yeovil	10th July 1981
	2nd best club performance	Emily Serridge	34.63m	Winchester	15th August 2020
	3rd best club performance	Anna Newton (When U20)	34.61m	Stoke	10th June 2007
Discus (1kg)	Club record	Isobel Gray (When U20)	40.42m	Exeter	15th April 2017
	2nd best club performance	Becky Nichols	32.26m	Portsmouth	20th August 2011
	3rd best club performance	Heather Sheffield	29.60m	Horsham	20th May 2018
Hammer (4kg)	Club record	Tamsin Hoult (When U20)	28.95m	Portsmouth	11th October 2020
	2nd best club performance	Heather Sheffield	24.99m	Portsmouth	30th April 2018
	3rd best club performance	Sue Hume	24.88m	Guildford	19th June 2000
Heptathlon (Senior specifications)	Club record	Anna Newton (When U20)	4644 points	Stoke	10th June 2007
	2nd best club performance				

	<b>3rd best club performance</b>				
--	----------------------------------	--	--	--	--